



Parkinson's Resource Centre (PRC) and Rock Steady Boxing Toronto (RSBT)

VOLUNTEER APPLICATION FORM

Date: _____ d / _____ m / _____ y

Name: _____ Date of Birth: _____ d / _____ m / _____ y

Address: _____

City: _____ Prov: _____ Postal Code: _____

Occupation: _____ Employer/School: _____

Phone: (_____) _____ Email address: _____

Relevant Education or Experience (PT/OT/physical fitness, Parkinson's knowledge, sports background, etc.):

Available Times to Volunteer - Circle all times you are available.

Please note that volunteering for RSBT classes can include setup and teardown of equipment, as well as welcoming and communicating with boxers before and after class, for an estimated 2-hour volunteer period. See the [Current Rock Steady Boxing Toronto class schedule](#) on the following page.

General availability

Monday:	Morning	Afternoon
Tuesday:	Morning	Afternoon
Wednesday:	Morning	Afternoon
Thursday:	Morning	Afternoon
Friday:	Morning	Afternoon
Saturday:	Morning	Afternoon

<p>[STAFF USE] Assigned Days/Times to Volunteer: _____ _____</p>

Previous volunteer experience:

What experience do you have with Parkinson's disease?

Why do you want to volunteer with the Parkinson's Resource Centre and Rock Steady Boxing Toronto?

Signature (Your signature here also confirms acceptance of the **Code of Conduct** and **Media Release** – to allow the Parkinson's Resource Centre / Rock Steady Boxing Toronto to publish or broadcast your image/likeness and/or name for promotional purposes) **X** _____

<p>[STAFF USE] Code of Conduct _____ Signed Application _____ AODA training _____ PRC Volunteer Orientation _____ Vulnerable Sector/Police Check _____ CPR/AED/First Aid _____</p>
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Rock Steady Boxing Toronto locations

Our East-end GTA location is at Undisputed Martial Arts, 127 Sunrise Avenue, Unit #3, North York.

Our West-end GTA location is at Battle Arts Academy, 4880 Tomken Rd, Mississauga.

We hope to have a downtown location on or near the subway line within 2016-17.

Please indicate the locations where you are available to volunteer.

East-end GTA _____

West-end GTA _____

Downtown _____

Current Rock Steady Boxing Toronto class schedule

	East-end GTA (Undisputed Martial Arts)		West-end GTA (Battle Arts Academy)		
Monday	10-11:30 am	2-3:30 pm	10-11:30 am	1-2:30 pm	2:45-3:45 pm
Tuesday	10-11:30 am				
Wednesday	10-11:30 am	2-3:30 pm	10-11:30 am	1-2:30 pm	2:45-3:45 pm
Thursday	10-11:30 am				
Friday	10-11:30 am	2-3:30 pm	10-11:30 am	1-2:30 pm	2:45-3:45 pm
Saturday	9-11 am				

PLEASE SHARE YOUR TALENTS WITH US!

Please list any other skills or experience you would like to share as a volunteer with the Parkinson's Resource Centre:

- fundraising
- writing/editing
- graphic design
- photography
- social media
- web development or maintenance
- customer service
- bookkeeping
- administrative support
- nutrition/cooking
- teaching/training/classroom support
- other

**Thank you for volunteering with the Parkinson's Resource Centre and
Rock Steady Boxing Toronto.**

Your support is much appreciated!!!